

Teacher Notes for the Introductory Presentation

Slide 1:

The topic of today's lesson is to discover what senses and sensory input are.

Slide 2:

Ask the following questions to the students and write keywords on the board:

- What do you think of when you hear the word "senses"?
- Which senses do you know?

Slide 3:

Give a definition: Senses are the parts of your body that collect information from your environment and from your body and send it to your brain. Then your brain can decide: *what is it, do I like it or not, and what should I do?*

Explain: With your senses, you can feel and understand things around you and inside your body.

Ask: Why do you think we need senses?

Direction of the answer: They help you know what is happening around you and inside your body, so you can learn, play, and stay safe.

Slide 4:

Explain: You have probably written down five senses. Most people know these senses. There are actually more senses; scientists are not completely sure how many. Depending on how you classify them, you can end up with different numbers. In these lessons, we will cover eight senses.

Slide 5:

Here are eight senses. Give the students the worksheet and the cut-out sheet and see if they can place the senses in the right spot. (The last column will be used later.)

The last three are probably unfamiliar; we will briefly look at them now, and they will be covered in detail in the lessons.

Slide 6:

Balance: Ask, How well can you walk along a curb without losing your balance?

Explain: The balance sense tells you if you are balanced or if you need to adjust to avoid falling. It is located in the inner ear.

Slide 7:

Movement: Ask, Close your eyes. Can you feel how far your right knee is bent? (You do this with the movement sense, which is in your muscles and joints.

The picture for movement shows moving fingers.)

Slide 8:

Feeling inside (interoception): Ask, Do you feel full right now, or could you eat more? (That is one of the things you feel with this sense.)